

Suggested Development Activities for KNOWLEDGE

- Read a book on a subject you are interested in.
- Is there some additional education you could obtain that would make you more valuable to your work or other organization? For extra bonus points, ask your boss for suggestions and follow through without expectation of compensation.
- Take a class or a workshop in something you know very little about.
- Learn more about the history of your art form. Who were the important people who helped develop it? How does that history effect how it is practiced today? Share your new knowledge with your class.
- Learn more about an important person in your art form. Learn about their life, their challenges and the contributions they made (or are making.) Ask your instructor for a suggested person to study. In what ways can you sympathize with or are inspired by this person's story? Share your new knowledge with your class.
- Learn a new exercise to increase a specific area of strength or flexibility that will help you be more successful in your training. Practice the exercise for at least a week and then, with your instructor's permission, teach it to your class.





- Interview someone you respect who has more experience in a discipline you are interested in. Ask them about their training, their perspective, and their advice for a younger student.
- Create your own Knowledge Development Activity. Talk to a parent or your instructor for additional suggestions.

