

Suggested Development Activities for LOYALTY

- Commit to be a loyal representative of your studio this month by acting and practicing in a way that would give an outsider a positive opinion of the program if they were watching you.
- Do something this month to strengthen a friendship. Spend extra time working, playing, or talking together.
- Show your dedication to a friend or family member this month by doing something to serve them like helping with a chore, making a sacrifice, or expressing your love for them.
- Write a letter of appreciation to someone you consider family remember this might be a blood relation or another person with whom you share common goals.
- Identify a group or groups that you represent commit to being aware of how your behavior communicates to the outside world about those groups and make a goal to improve or correct a specific aspect of your behavior.
- Create your own loyalty development activity. Talk to your teacher or a parent if you need more suggestions.

